



Estuary League of Friends

“working to improve the quality of life of those in need of care, comfort and support in our community”

Nancy Potter House, Nelson Close, Topsham EX3 0DX

Direct Telephone: 01392 879009 E-mail: Olivia.thorpe@estuaryleague.org

Terms and Conditions of Entry Estuary League of Friends Ferryman’s Topsham to Turf Swim, 2019

Thank you for your interest in joining us this year for our annual Sponsored Swim!

Please read the following information carefully; it is provided so that you understand clearly what is expected of you and what is expected of us in the administration and organisation of the event, as well as the safety of everyone involved on the day of the swim.

Terms and Conditions of Entry

These Terms and Conditions of Entry (Hereafter T&Cs) are provided for Swimmers' (Hereafter “participants”, “swimmers”, “you”, “they”, etc.) information and safety in your participation of the Topsham to Turf Swim 2019. Estuary League of Friends, the organisers of the event (Hereafter “us”, “we”, “The Organisers”, etc.) reserves the right to prevent anyone from participating in this event if they fail to abide by these T&Cs

Any material we request by post as part of the registration process must be sent to Estuary League of Friends, Nancy Potter House, Nelson Close, Topsham EX3 0DX.

1. Event Rules & Regulations

1.1 You must be 18 or over to register for yourself.

1.1.1 If you are younger than 18, you must request a Parent/Guardian consent form — this is done during the registration process and then sent by e-mail to you (or by post on request). This consent form must be filled out and either returned to us by the cut-off date for registration (see below), or must be given to us on the day of the swim.

1.1.2 If we do not possess a Parent/Guardian consent form for an under-18 swimmer, we must forbid the individual from swimming — we will refund any entry fee and sponsorship money already received from any person prevented from swimming by us in this fashion.

1.2 For Registration to be valid and confirmed, we must receive a swimmer's **£25 entry fee** by the cut-off date, and the swimmer must be able to demonstrate additional **minimum sponsorship of £25**.

1.2.1 **All sponsorship raised for this event must go to Estuary League of Friends**. We do not accept any fundraising pages aimed at participating in the Topsham to Turf Swim with the aim of raising money for any other organisation.



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1.3 Upon having your registration confirmed, you will be given a Swimmer Number. It is important that you remember this number, as it is used for your safety on the day (Please see section 2.2.2 below)

1.4 Entry Forms can be submitted to Nancy Potter House up to 4pm on Friday 19th July, but please make contact with us first on 01392 879009 so that your name can be added to a list for the start. Registrations can also be made at our New Community Hub (Nancy Potter House) 14:45am on the day of the swim. By final registrations we must have received the £25 entry fee, all required information about the swimmer, and must be happy that they are able to raise at least £25 sponsorship.

1.5 On the day, all swimmers will be required to sign in at Nancy Potter House, Nelson close Topsham, EX3 0DX. Upon signing in, you will receive your swim-cap, whistle and numbered wristband, and you are able to give any donations you have received through offline channels (i.e., anything received in-person rather than via your fundraising page).

1.5.1 The community hub will also act as a changing room facility, and also will provide a method of transporting towels, clean clothes and possessions from Topsham to Turf Locks via minibus. Name tags and bin liners will be provided for anyone who needs to use them for keeping their possessions safe. Of course, if you are able to bring with you an appropriate sports bag immediately recognisable as your own, you are welcome to do this and we will be happy to transport it.

1.5.2 Any possessions left and transported in this manner are done so **at the owner's own risk**. Estuary League of Friends accepts no responsibility for any articles lost or damaged.

1.6 Any donations received in an offline manner must be paid in either on the day of the swim during the sign-in period (11:45am – 1:30 pm), or up to **eight weeks** after the event.

2. Health and Safety

2.1 While every precaution possible has been taken by us to ensure the safety of all participants, **open-water swimming is a potentially dangerous activity**. By registering, you confirm that you take full responsibility for carrying out appropriate self-assessment to determine whether you are sufficiently physically and mentally fit to participate in a **one-and-a-half-mile swim across an estuary**.

2.1.1 Furthermore, you consider yourself a competent swimmer. If you are in any doubt, we strongly recommend seeking medical advice before registration.

2.1.2 Furthermore, you consent to receiving medical treatment in case of emergency, and agree to be pulled out of the water if you seem to be having difficulty

2.1.3 You agree to undertake this sponsored swim at your own risk, and free Estuary League of Friends from any claims of personal injury or damage to property through any accident or incident.



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2.2 Wetsuits are mandatory for this event, and you agree to supply your own wetsuit. **Wetsuits will NOT be available for hire from Estuary League of Friends on the day of the swim! However, if you wish to swim without a wetsuit you must sign a disclaimer form.**

2.2.1 High-vis swimming caps and whistles will be issued to each swimmer to enable them to attract attention to themselves if they get into any difficulty.

2.2.2 You will be issued with a waterproof, numbered wristband, corresponding to the swimmer number issued to you upon registration. This number will be distributed to our trained medical team on the water, as well as copies being held by staff helping on the day to ensure smooth-running. The list will contain all relevant information given to us at registration, and will be used in accordance with our data protection policy.

2.2.3 **Fancy dress of any kind is not permitted at this event.** If you are swimming as part of a group and would like to discuss subtle, safe ways of standing out as such, please contact us via e-mail or telephone.

2.3 A map of the course will be provided to all swimmers via e-mail where possible, and a map will be displayed on the website. On the reverse of the map are written details of the course and a short series of safety instructions. Smaller versions of this map and information will be available in hard copy on the day of the event by request.

2.4 **The Topsham-to-Turf Swim is not a speed race.** Any unnecessarily competitive behaviour that poses risk of distress or injury to yourself or other swimmers, on or off the water, will prompt immediate action.

2.4.1 We advise that you swim at a pace with which you are comfortable and that you do not over-exert yourself.

3. Entry Fee Conditions

3.1 Through any event, other than those listed above in Section 1.1.2, the £25 entry fee paid on registration is non-refundable. This includes any event of poor weather, dangerous river conditions, or any other concern which causes us to deem it necessary for the purposes of safety to cancel the swim.

3.2 The entry fee is applicable only for the named person who registers. It cannot be transferred to another participant. Please ensure that the name entered on the registration form is the name of the person intending to swim.

4. Publicity

4.1 You agree to Estuary League of Friends using photographs with your image as part of any promotional materials to increase the publicity of the Topsham to Turf Swim in all media.